

## e-Learning Lingo Podcast Defines “Ergonomics”

Waltham, Massachusetts –November 12, 2009

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**Announcer:** The e-Learning Lingo Podcast.

**Mary Kay Lofurno:** Hello, this is Mary Kay Lafurno, Marketing Director here at SyberWorks. Welcome to the 115<sup>th</sup> episode of the e-Learning Lingo Podcast Series. Last week, Dave Powell talked about “degenerative learning model.” This week, Dave defines “ergonomics.”

So I ask you, do you know your e-learning lingo?

[theme music]

**Mary Kay:** Hi, Dave. Tell us about ergonomics.

**David Powell:** Ergonomics is the applied science of equipment and environment design focused on the comfort, efficiency and safety of users.

**Mary Kay:** OK, so can you tell us some main objectives of ergonomics in the workplace, Dave?

**Dave:** The primary goals of ergonomics are to maximize the health and productivity of employees while preventing muscle strain, eyestrain, and other injuries.

**Mary Kay:** All right. Thanks, Dave. Have a great afternoon.

**Dave:** You, too. Talk to you soon.

**Mary Kay:** This is Mary Kay Lafurno, marketing director at SyberWorks. Thanks for listening to podcast 115 of the e-Learning Lingo Podcast.

This week, Dave Powell talked about ergonomics. The episode 115 podcast audio and transcript will be posted on the e-Learning Lingo Podcast blog.

Next time on the e-Learning Lingo Podcast, we will talk about a term used in learning theory. Until that time, have a great week.

**Announcer:** SyberWorks Podcast. Learn any time, any place.

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