

Pediatric Routine Growth Measurement

Course Description: This module discusses the purpose of pediatric growth measurement, and the meaning of percentiles, upward/downward shifts, and constitutional growth delays. It also discusses how to use standardized growth charts published by the CDC, the variables measured, and how steady growth might be achieved. A case scenario tests the student's understanding of pediatric growth measurement.

Course Objectives:

- Define the purpose of growth measurement and the standardized growth charts published by the CDC (Centers for Disease Control & Prevention)
- Differentiate constitutional growth delay from failure to thrive
- Describe what is meant by upward and downward shifts in pediatric growth
- Explain how often we would measure and plot growth results using a standardized growth chart