

Adult – Understanding Nitroglycerin

Course Description: This module is not a pharmaceutical reference, but it is a comprehensive guide to understand how Nitrates work. It is easy to understand, to remove the intimidation that is often associated with cardiac medications and to broaden your assessment capabilities. The module will boost both knowledge and confidence when treating cardiac patients.

Course Objectives:

- Briefly describe how Nitroglycerin works
- Define acute prevention
- Describe the indications, side effects, administration, and care of the following types of Nitroglycerin:
 - sublingual/ lingual spray
 - topical/transdermal
 - capsules
 - intravenous
- Describe Nitroglycerin tolerance and the alternative therapy using Isosorbide mononitrate
- Discuss the importance of patient education