

Adult – Understanding Diuretics

Course Description: This module is not a pharmaceutical reference, but is a comprehensive guide to how diuretic medications work to improve heart function. It is easy to understand, to reduce the intimidation that is often associated with cardiac medications and to broaden your assessment capabilities. The module will boost both knowledge and confidence when treating cardiac patients.

Course Objectives:

- Briefly explain the function of diuretic medication
- Compare and contrast the four types of diuretics: Thiazide, Potassium Sparing, Loop Acting, and Osmotic Diuretics
- Present education tips and lifestyle considerations for patients on diuretic therapies